

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>West London Mission Methodist Circuit</b>	
If your organisation is part of a larger organisation, what is its name? <b>West London Mission</b>	
In which London Borough is your organisation based? <b>Westminster</b>	
Contact person: <b>Mr. Mark Palframan</b>	Position: <b>Fundraiser</b>
Website: <a href="http://www.wlm.org.uk">http://www.wlm.org.uk</a>	
Legal status of organisation: <b>First Contact</b>	Charity, Charitable Incorporated Company or company number: <b>1133739</b>
When was your organisation established? <b>01/10/1887</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Improving Londoners' Mental Health</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More homeless and transient people having access to mental health services and reporting improved well-being</b> <b>More refugee and asylum seekers experiencing trauma, grief and loss accessing mental health services resulting in improved mental health</b>		
Please describe the purpose of your funding request in one sentence. <b>A front-line service identifying homeless people's underlying mental health issues, assessing their needs, providing immediate support and referring them to the appropriate agencies.</b>		
When will the funding be required? <b>01/09/2018</b>		
How much funding are you requesting?		
Year 1: <b>£34,740</b>	Year 2: <b>£39,239</b>	Year 3: <b>£40,372</b>
<b>Total: £114,351</b>		

**AIMS OF YOUR ORGANISATION:**

Our mission is to transform the lives of people affected by homelessness, empowering them to lead more fulfilling lives. Providing Housing, Health and Education services for street homeless people.

**MAIN ACTIVITIES OF YOUR ORGANISATION:**

We provide drop-in services for street homeless people - helping 250+ people per year off the streets and back into accommodation. We also provide:

- Immediate practical services to alleviate the hardships experienced by those sleeping rough, including a canteen, showers, laundry, clothing store, luggage storage and mail collection;
- advice and support with accommodation, employment and benefits as well as specialist services including out on-site NHS Homeless Health Team (prescribing nurse, podiatrist and counsellor), mental health support services, opticians, haircuts, immigration advice and drugs and alcohol support and now even a vet!
- resettlement support and a programme of group activities including arts, music, IT, English language, running group and football team.

**NUMBER OF STAFF**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>5</b>	<b>4</b>	<b>12</b>	<b>12</b>

**PROPERTY OCCUPIED BY YOUR ORGANISATION**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Owned</b>	<b>open</b>

## Summary of grant request

Two thirds of the rough sleepers who use our service at Seymour Place need help with mental health issues. A grant from the City Bridge Trust in 2011 enabled us to establish a new post of Mental Health worker. They lead on all mental health support issues in the day centre, liaising with other mental health services and managing an ongoing case load of at least 30 clients with mental health issues. This post was subsequently funded from other sources but we are now seeking a grant to continue this vital work for the next three years. Everyone who comes to Seymour Place is assessed and any underlying mental health issues are identified. (Last year we undertook assessments for 617 homeless people.) The Mental Health Worker takes a lead on ensuring that all of these get appropriate support. We anticipate that in the course of a year this will include referring at least 60 clients to other services including outreach teams and community mental health services. Between 5 and 10 formal mental health assessments will be facilitated - with possible sections under the Mental Health Act. This work will include those clients who have immigration issues or are refugees ? anticipating that at least 168 such clients will be supported to access mental health services.

The Mental Health Project Worker will also ensure that all the clients who have identified mental health issues receive the full range of support which the day centre already provides ? including accessing the nurse, therapeutic music sessions, art classes, the weekly running group, basic advice and support with substance misuse issues as well as referral to specialist substance misuse agencies.

Seymour Place is well placed to deliver this service as it is the primary day centre for street homeless people in the north of Westminster which has the highest concentration of rough sleepers in the country. The importance of the day centre in providing a point of contact for rough sleepers with mental health issues has long been recognised by the JHT outreach team who visit the day centre regularly and liaise closely with the project work team. Covering the salary costs of our specialist Mental Health Project Worker would meet the City Bridge Trust's theme of supporting homeless people in accessing mental health services. As 37% of our current service users are refugees (or other homeless non-EU migrants with immigration issues) this project will also assist those experiencing trauma, grief and loss to access mental health services.

? Service users views are taken into consideration in all aspects of the work, the monthly meetings are well attended and the issues raised are brought to the staff meetings for action. Service users questionnaires are issued every six months as well as an ongoing suggestions box.

? Care is taken to welcome people from all backgrounds with special attention paid to the need for interpretation ? currently 75% of our clients are not from the UK.

? The contributions of our volunteers are also highly appreciated and the service could not function without them. Four residential intern volunteers live above the day centre and help with the running of the services. As well as their accommodation they also receive pocket money and a comprehensive package of training and support.

? As a Methodist charity we take our responsibility to be good stewards of creation very seriously and are pleased to reduce our carbon footprint. All our staff cycle or use public transport to get to work. We recycle as much as possible and participate in various food collection recycling schemes (City Harvest, Fareshare etc).

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Investors In People**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**To provide comprehensive assessments for 800 new homeless clients per year; this will include identifying any underlying mental health issues. Ensure that clients with mental health issues will be provided with a full range of support at the Day Centre: hot food, showers, clothing store, luggage storage and postal services.**

**At least 560 homeless people with mental health issues will be seen by the NHS Homeless Health Team at the day centre.**

**At least 168 refugees or other homeless people with immigration issues will be supported to access mental health services, including in-house support as well as referrals to external mental health services.**

**Housing advice and support will be provided for homeless people with mental health issues including referrals to emergency nightshelters, supported accommodation, private rented sector and community initiatives.**

**Homeless people with mental health issues will be referred to appropriate services - including the outreach JHT team, Community Mental Health services, counselling and other psychiatric services.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Improved well being for at least 560 homeless people with mental health issues through receiving support to access mental health services.**

**Improved well being for at least 168 refugees through receiving support to access mental health services.**

**In the course of a year we will assist at least 168 homeless people with mental health issues to move off the streets and into accommodation. Stable accommodation is a key factor in improving well being.**

**At least 50 homeless people with mental health issues will have improved social integration through participation in our programme of group activities, which should improve their social and mental well being.**

**At least 35 homeless people with mental health issues will be supported back into paid employment, which should improve their economic as well as their mental wellbeing.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Yes, we will apply to other charitable trusts and foundations for grants, alongside our own fundraising activities.**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**800**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Westminster (63%)**

**Camden (12%)**

**Kensington & Chelsea (4%)**

**Lambeth (3%)**

**London-wide (18%)**

What age group(s) will benefit?

**0-15**

**16-24**

**25-44**

**45-64**

**65-74**

**75 and over**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**21-30%**

## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
salary (Including London Weighting)	25,874	26,872	27,648	80,394
Project Worker Salary	28,689	29,539	30,363	88,591
National Insurance	2,362	2,403	2,601	7,366
NI Costs	2,797	2,914	3,028	8,739
Pension	1,941	2,015	2,074	6,030
Employer Pension Contributions	2,207	2,272	2,336	6,815
share of management costs	5,000	5,000	5,000	15,000
Management Costs	0	0	0	0
Training and equipment	1,000	1,000	1,000	3,000
Training	0	0	0	0
canteen volunteer expenses	3,000	3,000	3,000	9,000
Expenses	0	0	0	0
Central Admin costs 13%	4,380	4,514	4,645	13,539
<b>TOTAL:</b>	<b>38,073</b>	<b>39,239</b>	<b>40,372</b>	<b>117,684</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Rayne Foundation (£40,000 until October 2018)	3,333	0	0	0
<b>TOTAL:</b>	<b>3,333</b>	<b>0</b>	<b>0</b>	<b>0</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
salary costs	30,177	31,290	32,323	93,790
Salary	25,356	29,539	30,363	85,258
Management costs	5,000	5,000	5,000	15,000
National Insurance	2,797	2,914	3,028	8,739
Training and equipment	1,000	1,000	1,000	3,000
Pension	2,207	2,272	2,336	6,815
Volunteer expenses	3,000	3,000	3,000	9,000
Admin 13%	4,380	4,514	4,645	13,539
<b>TOTAL:</b>	<b>34,740</b>	<b>39,239</b>	<b>40,372</b>	<b>114,351</b>





## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>August</b>	Year: <b>2017</b>
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Income received from:	£
Voluntary Income	435,498
Activities for generating funds	0
Investment income	0
Income from charitable activities	0
Other sources	0
<b>Total Income:</b>	<b>435,498</b>

Expenditure:	£
Charitable activities	431,529
Governance costs	25,734
Cost of generating funds	64,423
Other	0
<b>Total Expenditure:</b>	<b>521,686</b>
<b>Net (deficit)/surplus:</b>	<b>-86,188</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement In Funds:</b>	<b>86,188</b>

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	116,641
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>116,641</b>

Reserves at year end	£
Restricted funds	116,641
Endowment Funds	0
Unrestricted funds	0
<b>*Total Reserves (B):</b>	<b>116,641</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your Income was from statutory sources? 0%
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### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:  The Reverend Sue Keegan von Allmen, Superintendent Minister of the West London Mission, and Chair of the Board of the charity, has announced her resignation in August 2018. Her successor will be appointed in August.
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### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	<b>Year 3 £</b>	<b>Year 2 £</b>	<b>Most recent £</b>
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	3,762	0	0
Central Government departments	38,139	33,027	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

<b>Name of Funder</b>	<b>Year 3 £</b>	<b>Year 2 £</b>	<b>Most recent £</b>
Tudor Trust	35,000	35,000	35,000
Tudor Trust	35,000	35,000	36,000
Garfield Weston	20,000	25,000	25,000
Rayne Foundation	0	20,000	20,000
Pret Foundation	12,000	12,000	0
Pret Foundation	12,000	12,000	15,789
Henry Smith Charlty	28,000	28,000	0
Garfield Weston Foundation	25,000	25,000	0
Misslon Alongside the Poor	30,000	0	0
Story of Christmas	5,500	20,000	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Mark Palframan**

Role withIn                      **Fundraising Manager**  
Organisation: